

AI-Chronic Disease Suggestion System

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Abstract— *The core of artificial intelligence is certification. It demonstrates a productive method for resolving urgent issues, and it denotes how to approach a dataset. For speedier access and seamless client service, we integrate artificial intelligence into our concept. Tensor-flow is used in its development to accelerate activities and automate data collection. Our module is standardised using a standard scaler. Cross-validation is done using the grid-search CV approach. The random-forest algorithm is the algorithm that we defined here. We reduce processing time while increasing usability adaptability. We criticise the strong emphasis on current solutions when it comes to attribution as a process for knowledge development since this focus influences the knowledge structure. Like chronic illness, which takes a lengthy time to diagnose because it is a long-lasting sickness, everywhere on the globe, chronic diseases are dangerous illnesses that are more expensive to detect and force the patient to endure their effects for the rest of their lives. There is a wealth of information about these diseases in the medical field; thus, data mining techniques are used to simplify the healthcare system.*

Keywords— *Artificial Intelligence, Disease Suggestion System, Cross-validation*

INTRODUCTION

AI in healthcare is a significant term to describe the operation of machine learning (ML) algorithms and other cognitive technologies in medical strategies and other health-care perceptions. In its most basic form, artificial intelligence (AI) occurs when computers and other machines mimic mortal cognition and are capable of learning, thinking, forming opinions, and taking actions on their own by analyzing data from the training set. AI in healthcare, too, is the use of machines to dissect and act on medical data, generally with the goal of prognosticating a particular outgrowth. The use of machine learning and other cognitive disciplines for medical opinion purposes is an important AI use case in healthcare. AI can assist medical professionals in providing diagnoses and treatment plans that are more precise by using patient data and other information. Also, AI can help make healthcare more predictive, productive, and proactive by analysing big data to develop easy preventive care recommendations for patients. Our ideation brings out the concept of defining chronic disease. Using AI, we can give suggestions to customers by collecting their feedback (symptoms) and

analyzing them through AI algorithms for better suggestions. As a component of successful habitual complaint in terms of operation, artificial general intelligence supports the effectiveness of complaint views, medical opinions, and treatments. Recommendations To give personalized recommendations that suit each customer's tastes and preferences across all your touch points, AI draws on that experience and machine literacy's moxie. It's useful in medical fields for safer precautions, and it also helps the person in medical fields with easy diagnosis, which is useful for treatment. It significantly describes how healthcare has always involved the crossroads of mortal judgement and data. The complaint data are heavily used to make the habitual order complaint, and it may beget all of the problems of the necessary complaint and provide a main operation of all of the problems in the complaint, such as Hivers, anti-inflammatory rhinitis, or a slew of other mislike complications that are associated with this complaint. AI is evolving rapidly to prepare the policy for further deployment. Because it regulates and non-regulates the actions that hamper Only by developing mechanisms for the technology that will be used to reduce friction regulation

will the technology be advanced enough to transfer across national borders, assisting the developer throughout the innovation process. Healthcare is characterized as research into illness prevention, treatment, and rehabilitation. Increasing, enhancing, and maintaining society's and people's levels of health are the goals of the health service. The three categories of healthcare services are preventive health, therapeutic health, and rehabilitative health (Rakel & Rakel, n.d.). Moreover, therapeutic health services are broken down into three categories: basic health care services, secondary health care services, and tertiary health care services (AYGN et al., 2016). Individuals and families can receive all preventive, therapeutic, and rehabilitative health services from health institutions. All of these health services, however, are distributed differently. Primary health care services emphasize preventive health services. In addition, primary healthcare, which is the first step in healthcare services, is of great importance in the early

diagnosis and follow-up of diseases. Primary healthcare is more focused on the needs of the individual than on specific diseases.

A clinic's development of AI technology is based on the large-scale, real-world clinical data provided by electronic medical records (EMR). Humans find it difficult to directly evaluate these vast amounts of data; this is true not only because it takes a lot of time and care to avoid human errors but also because it is difficult to draw in-depth insights or information. There is no doubt that in these areas, AI technology outperforms humans [4]. The research on AI and kidney problems is still in its early stages. The remainder of this essay is structured as follows: Machine learning techniques are explained in Section 2 of this article. The state of the art for CKD detection is presented in Section 3 of this article.

LITERATURE SURVEY

Author	Year	Techniques used	Total Medical Factors
Sihyung Park, Jin Han Park [4]	2009	Decision Tree, Linear regression	13
Burak Kocak, Ran Su, Rainer Schmidt [12]	2010	Neural Networks, Random Forest	15
Yang Wook Kim [15]	2009	Machine learning (Supervised and unsupervised) methodology	12
AH Chen, SY Huang, PS Hong, CH Cheng, EJ Lin [8]	2011	Artificial Neural Networks	14
Wen Zhang, Yang Feng [9]	2010	Recurrent neural network	15
Di You, Qun Liu [16]	2009	NLP (Natural Language Processing)	12
Gehring, Vaswani [14]	2019	Convolution Neural network	13
Venkatram [11]	2015	NMT Neural Machine Translation	15
Nidhi Bhatla [5]	2012	Decision Tree, Naive Bayes Neural Networks	15
Bahadanu [14]	2015	RNN based NMT	15
Qiyu Wang [13]	2012	SVM	12
Maddison [12]	2013	NLU (Natural Language Understand)	11
Abhishek Taneja [4]	2013	Decision Tree, Naive Bayes	15
Vikas Chaurasia, [10]	2013	CART, ID3, Decision Table	11
Lee HC, et al. [14]	2014	decision tree, RF, extreme gradient boosting, SVM, neural network classifier	12

The main causes of death and disability worldwide are chronic diseases. By 2020, it is expected to increase to 73% of all deaths and 60% of the global burden of disease associated with chronic diseases. For all these reasons, early diagnosis and treatment of chronic diseases are very important. Machine learning is an application of artificial intelligence that provides systems with the ability to automatically learn from experience and improve without being explicitly programmed. Machine learning is the development of computer programs that can access data and use it to learn for themselves.

Author Hakan Gulmez (Department of Family Medicine, Exploration Institute, Demokrasi University, Turkey) wrote the paper. Artificial intelligence supports effectiveness in complaint opinions, medical opinions, and treatment as part of effective habitual complaint operations. Recommendations AI draws on that experience and the moxie of machine learning to deliver individualized recommendations that suit each client's tastes and preferences across all your touch points. In medical fields, it is useful for cases in safer palladium, and it also helps the person in medical fields with easy diagnosis so that it can be useful for treatment. It significantly describes how healthcare has always involved the intersection of human judgement and data. artificial intelligence (AI), user portraits, and knowledge graphs (KG). The functions of patient-oriented risk assessment, hierarchical diagnosis and treatment, diagnostic and treatment choice aid for medical staff, and follow-up planning assistance are accomplished through multi-party linkage supported by multi-dimensional medical big data. By collaborating with a tertiary-grade A hospital in Nanjing, the project managed 60,243 patient-times for patients with chronic diseases, and the drug compliance rate for these patients was 94.5%. Practical outcomes show that the system can support the effective and systematic operation of the ecology of chronic disease management.

Author Bong Soo Park, MD, describes We found 435 publications with a total of 4194 instances where the keywords were cited. Due to the lack of human data or kidney- or renal-oriented content in 217 of these, they were excluded. When the eligible articles were analyzed in publication order by textile period, eight articles were published before 2000. From 2000 to 2009, 14 articles were published, and from 2010 to 2019, 196 articles were. The trends in the topics varied by genre. Before 2000, the article topics were as follows: cancer [2], glomerular disease [2], AKIs [2], kidney transplantation-related [1], and chronic kidney disease (CKD) [1]. In the second tertile (2000–2009), the subjects of the articles were as follows: dialysis-related [5], tumours [2], AKIs [2], the glomerular filtration rate (GFR) measure [1], kidney images [1] and

transplant related (1). During the last 10 years (2010–2019), the article topics were as follows: tumors [41], AKIs [30], kidney transplant-related [30], dialysis-related [20], glomerular disease [17], kidney images [12], CKD [12], kidney stones [10], renal pathology [6], polycystic kidney disease (PKD) [5], drug toxicity [5], the GFR measure [4], and miscellaneous [4]. The top 50 most-cited articles from the 218 journals were chosen, and they were sorted in order of how frequently they were cited (Table 1). 1,188 citations were made to the top fifty publications. The two articles with the most and the least citations each had 84 and 12, respectively. In 40 journals, the articles were published.

Author Wang [24] describes in the survey paper that artificial intelligence (AI)-stoked CKD care has begun to enter the request. One illustration, Palpitation Data, has entered a patent application in 2021 for machine learning systems with respect to the operation of order complaint, which apply AI ways to determine threat scores incorporating data related to demographics, vitals, judgments, procedures, individual tests, biomarkers, inheritable tests, and patient actions or symptoms. The algorithms contain at least one TNF receptor 1 or 2, as well as at least one laboratory result related to ordering an injury patch 1. Estimated fresh biomarkers include eGFR, urine albumin-to-creatinine rate, serum creatinine, tests from the comprehensive metabolic panel, lipid profile, coagulation panel, magnesium, phosphorous, brain natriuretic peptide, hemoglobin A1C, uric acid, and endostatin. While models for incident CKD had C statistics of 0.84 for a 1-time vaticination, 0.81 at 2-times, and 0.79 at 5-times, those for the vaticination of order failure showed strong demarcation (C statistics > 0.90 for a 1-time vaticination) (8). Renalytix AI, an in vitro diagnostics startup, has created a brand-new machine learning model. The model, referred to as Kidney Intel-X, was developed for use as a clinical decision aid in the management of diabetic kidney disease using information from EHRs and biomarkers. With a C statistic of 0.77 for the prediction of progression in patients with diabetic kidney disease, this algorithm—which also uses TNF receptors 1 and 2 and kidney injury molecule 1—has shown some promise for predictive accuracy [9]. It outperforms the clinical model used as a comparison (AUC of 0.61) and has a modest predictive value. The model requires a total of more than 100 features, including the three plasma biomarkers, 27 others laboratory values, 20 ICD diagnostic codes, 30 medications, and three measures of vital signs (systolic and diastolic mass index), and it was developed on a population with fewer than 200 events. [9]. Managing chronic diseases has long been recognised as a challenge for both patients and healthcare providers worldwide. The management of chronic conditions necessitates not only attending to the patient's clinical

requirements but also maintaining their comfort while coping with the condition.

Because natural language processing has the prestigious potential to search, analyze, and comprehend enormous volumes of patient datasets, its abandonment in the healthcare industry is on the rise. Machine literacy in healthcare and NLP technology services have the potential to extract useful perceptions and generalizations from data that was previously thought to be buried in textbook form. NLP in healthcare media can directly give voice to the unshaped data of the healthcare macrocosm, giving inconceivable insight into understanding quality, perfecting styles, and improving results for cases. Physicians spend a significant amount of time inputting the style and why of what is happening in their cases into their case notes. These notes aren't easily extractable in ways that a computer can anatomize. When the doctor sits down with you and records your visit in a case note, such narratives are entered into the electronic health record systems (EHRs) and saved as free text. The earlier-mentioned facts compel the necessity for early detection of such chronic diseases, which could save a significant number of lives. As a result, several researchers around the globe committed their time to finding solutions for detecting chronic diseases at their early stages. Also, a lot of research has been done in bioinformatics, biomedical imaging, and CADD systems as a result of the massive amounts of data collected from EHRs, medical diagnoses, and medical imaging, as well as the technological and technical advancements in machine learning (ML) and artificial intelligence (AI). The field of disease prediction has been well studied. Such techniques have been published since 1997 in numerous conferences and reputable journals [163].

Author Arathi Sethumadhavan [19-22] Nephrology's most serious disease, CKD, affects people all over the world. It is linked to anaemia, bone disease, heart disease, an electrolyte imbalance, and a body-water imbalance. The term "CKD" refers to kidney damage that might deteriorate over time. Consequently, the patient's quality of life and economic burden are directly related to the early detection and therapy of CKD. The top fifty articles included three about CKD. The subjects covered were diet, CKD progression, and diagnosis. The algorithms used were as follows: multitask temporal as transfer learning, expert systems as supervised learning, and support vector machines as supervised learning with feature selection. Renal replacement therapy is necessary when CKD has reached the end stage or when AKI is severe. It is important to think about CKD and its problems in a society that is getting older. CKD would be a wonderful subject for AI study, despite the fact that only 13 of the 218 articles in the

issue were about it. Medical image analysis, disease diagnosis, and risk and prognosis prediction are possible practical applications of AI in healthcare settings, with the aim of elucidating clinicians' decisions rather than replacing them. [4,5] The EHR facilitates more sophisticated big data. By combining these with AI, doctors can get information more quickly and decide on diagnoses and treatments with greater accuracy. [6] Multidimensional advanced medical data, on the other hand, tends to have low interoperability with AI models and significant computational complexity. The easiest method of resolving these overfitting problems is to decrease the amount of data by using feature selection and extraction approaches. This reduction in dimensions can simplify and strengthen machine learning models. Most of the articles listed here used this dimensionality reduction to make more precise models for the objections to the priority.

Author Tlija[18] Amira purpose is to study the impact's use of connected devices on cardiovascular diseases. In this paper, we will explain our experimental methodology as well as the first outcomes. Three connected objects are being used for this experiment: a heart rate monitor belt, a tensiometer and a smartwatch. This communication intends to explain the methodology and the procedure that are being used to conduct this project. Our main objective is to monitor participants during their daily routine life, to record and to collect data continuously. This health care monitoring is a case of study of system of systems engineering within it we manage interactions between three aspects: humans, environment and sensors. The idea, then, is to study the different relations and correlations existing between variables coming from those aspects. An important part, of this work, takes into consideration the participant's emotional aspect (stress, happiness, sadness, among) and analyze that using the appropriate artificial intelligence tools. Being able to detect participant's emotion, categorize it and analyze its impact on cardiovascular disease, is the main goal of this work.

The traditional linear models require the statistical assumption of a linear relationship between the covariates and the risk of morbidity, and are often overfitting and multicollinearity. Machine learning approaches were introduced for better or comparable predictive ability than statistical analysis to predict postoperative outcomes. AI may offer opportunities for identifying patients at risk within a time window that enables early treatment [5]. On 9 June 2014, National Health Service (NHS) England published the national AKI algorithm in its patient safety alert, recommending "the wide scale introduction and uptake of an automated computer software algorithm to detect AKI" [13]. In 2015,

Google developed the Streams program, which could predict AKI and send warnings to doctors to early intervention [13].

After that, the application of AI in AKI gradually attracted scientists' attention. Similarly, Author and publisher Timothy [14] et al. [36] used an automated method to segment the kidney and measure TKV from 2400 cases of MR images. The method simulated a multi-observer approach to create an accurate and robust method for segmentation and computation of TKV. However, CAD technology only could obtain a primary diagnosis. If some characteristics are not included in training database, they need to be judged by the clinician, after that they will be included in the training model to continue learning to improve the diagnostic ability. Most recently, van Gastel MDA et al. successfully developed a fully automated segmentation method for TKV measurement that uses a deep learning network in 540 abdominal magnetic resonance images (T2-weighted HASTE coronal sequences) from patients with ADPKD. TKV measured by the automated approach correlated highly with manually traced TKV (intra-class correlation coefficients, 0.998), with low bias and high precision. This work was supported in part by the Hunan Provincial Key Research and Development.

CKD-MBD is another common comorbidity in ESRD patients, which increases mortality. The serum concentrations of phosphate (P), calcium (Ca) or parathyroid hormone (PTH) are associated with negative outcomes. The three parameters, P, Ca, PTH, interplay of each other, but the relationship is non-linear. Classical statistical methods have no advantages on analyzing associations among variables non-linear but affected by non-trivial feedback loops. Machine learning appears to be a method of predictive analysis. A data analysis technique by RF from 1,758 HD patients was established by Mariano et al. to measure the strength of connection between the three parameters. When compared to traditional statistical techniques, the predictive power of the new model was markedly increased [80]. In 2018, Kleiman et al. [81] used RF algorithms to build model predicting risks for development of calciphylaxis in CKD patients. With an AUC value of 0.872, the model could successfully predict calciphylaxis, provide an opportunity for clinical translation of the predictive models.

Author Norouzi [12-13] at his journal said that renal failure progression in 465 CKD patients by using Integrated Intelligent Fuzzy Expert System and found out that the model could accurately (>95%) predict the GFR for sequential 6-, 12-, and 18-month intervals [98]. Xiao et al. compared nine predictive models, including logistic regression, Elastic Net, lasso regression, ridge regression,

SVM, RF, XG Boost, neural network and k-nearest neighbor in prediction of CKD progression in 551 patients with proteinuria (The AUC values of the 9 models were 0.873, 0.871, 0.872, 0.865, 0.857, 0.854, 0.868, 0.854, 0.802, respectively). The study showed that the model with the highest sensitivity was Elastic Net (0.85), while XG Boost showed the highest specificity (0.83). ALB, Scr, TG, LDL and eGFR levels, showed predictive ability for CKD severity [99]. Moreover, Zacharias HU et al. identified CKD patients at risk of progressing to ESRD in 4,640 patients by state-of-the-art machine learning methods. The results demonstrated that proton nuclear magnetic resonance features, such as creatinine, high-density lipoprotein, valine, acetyl groups of glycoproteins, and Ca²⁺-EDTA carried the highest weights are predicting factors [100].

CONCLUSIONS

By going through the resource paper we convey that Electronic medical records (EMR) give large-scale and real-world clinical data, which is the base for developing AI technology in the clinic. It is difficult for humans to directly analyze these vast amounts of data; this is due to both the capacity to decide the perceptivity or information in depth as well as the enormous time and care required to prevent fatal crimes. easily, AI technology holds nonparallel advantages over humans in these disciplines.. The studies of AI in kidney diseases are at a beginning stage. Electronic medical records (EMR) provide large-scale and real-world clinical data, which is the basis for developing AI technology in the clinic. It is challenging for humans to directly analyze these massive data; this is not only because of the massive time required and cares needed to avoid human errors but also the ability to derive the insights or information in depth. Clearly, AI technology holds nonparallel advantages over humans in these domains. The studies of AI in kidney diseases are at a beginning stage.

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